



# Australian ESOTERIC

Issue #1 June 2017



Edited by Paul V Young

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## EDITORIAL

Welcome to the first issue of Australian Esoteric, published in June 2017, which will be available each month henceforth in an on-line format.

Australia is a vast land with a deep and primeval Aboriginal heritage and numerous Sacred Sites. In addition to being home to the two largest natural monoliths in the world - Mount Augustus and Uluru - there are places with eerie reputations such as the Devil's Marbles, the Pinnacles and Black Mountain. The legendary phenomenon of the Min Min lights is matched in mystery by the frequent UFO sightings at Wycliffe Well. Evidence of an ancient Phoenician port at Sarina and a pyramid in Gympie, both in Queensland, and the Gosford Glyphs at Kariong in NSW, remain unexplained to the present day.

In the early twentieth century, certain visitors from Europe and the UK brought various forms of spiritualism, mysticism and 'new thought' to our shores. They laid the Australian foundations of Theosophy, Rosicrucianism, Freemasonry, non-mainstream religious sects and what would eventually constitute the New Age movement. Today's Australia continues to provide an environment conducive to seekers of higher consciousness, their subliminal self and the subtle planes of non-ordinary reality.

There is a conviction held by organisations and individuals concerned with esotericism that Australia has a special role to play in the dawn of a New Golden Age. In a series of lectures delivered in Sydney in August 1915, Charles W Leadbeater proclaimed Australia and New Zealand to be the "home of a new sub-race." He had detected in Australia "children and young people of a distinctly new type" - a new antipodean human type, characterised by intuition and the powers of synthesis. This is consistent with the New Age concept of Indigo Children.

In these pages we look at some of the characters, past and present, who make up the rich tapestry of Esoteric Australia, including interviews from time to time, in the *People* section. In *Sights & Sites* we will examine mysterious places and unexplained phenomena around the country. In the *Healing* department, a blend of ancient and modern alternative therapies will be highlighted, with particular focus on healing with the Sun; likewise the solar theme will come into view in the *Sungazing* section. Each issue will feature an article on Australia's little-known occult and esoteric past in *History*.

The Antarctic is at the centre of a lot of alternative news these days, whether real or theoretical, and since there are no publications originating on that continent as far as we know, a small section of Antarctic stories will be included in Australian Esoteric.

Each edition will be rounded off with *Vision*, in which we will project our minds into Australia's Esoteric future, as well as that of humanity in general. Contributions from readers will be welcome, and should be directed to [AustralianEsoteric@gmail.com](mailto:AustralianEsoteric@gmail.com).

Enjoy!

*Paul O Young*  
Editor

# PEOPLE

*Rex Gilroy*

## **‘URU - The Lost Civilisation of Australia.’**

*[Editor's Note: I had the privilege of meeting the author, Rex Gilroy, in the Blue Mountains about thirty years ago. Back then his neoteric insights were considered radical by orthodox thinkers, but I still remember the fervour with which he spoke and the vast amount of information he had stored in his head.]*

The extract below is taken from the article: *Uru - The Lost Civilisation of Australia* (the name *Uru* is the registered trademark of Uru Publications).

### **By Rex Gilroy**

In the course of my researches over many years, I had observed that the ancient myths and legends of our Aboriginal people speak of a race of ‘culture-heroes’ who inhabited the land in the long-ago ‘Dreamtime’, and had passed on much of their culture to the Aborigines.

These ‘culture-heroes’ are variously described as being pale or white-skinned; that they shaped many natural geological features, and erected many, often truly monolithic rock formations, and worshipped the Sun, Moon and Stars. They gave the Aborigines laws and passed on elements of their religion, such as Sun, Earth-Mother and Sky-Father worship, and taught the Aboriginal warriors the manufacture of the boomerang and the use of the woomera in spear-throwing. These traditions convinced me, over thirty years ago, that an advanced megalithic monument-building people had inhabited Australia.

Yet, when I published my theory in the press, I was immediately attacked by establishment archaeologists and historians, with cries of ‘impossible’ and that I was wasting my time searching for something that was nothing more than an Aboriginal myth!

Nevertheless, my theory led me on a search which culminated, one January day in 1965, while exploring dense scrubland overlooking a Blue Mountains valley, in the discovery of an extensive culture centre of crumbling sandstone mounds, altar stones carved in the forms of Serpent and Eagle motifs, and other mystery structures. One, obvious ceremonial structure was a tree-covered 15m tall mound composed of sandstone boulders and rubble. On its western side stone slab steps led to the summit, where I found, upon a flat base, facing east, a large altar stone whose flat top had been carved in the form of a serpent.

In 1974 we were shown two 3km long alignments of granite standing stones by a farmer in the Bathurst district, west of the Blue Mountains. These structures, totalling hundreds of stones, had been erected on a north-south axis. In the months ahead we discovered many more granite structures - crude stone circles, temples and massive standing stones erected upon bases of cut stone blocks. Over the next 20 years we were to discover there were great numbers of altars, even carved stone heads, alignments and many other obvious astronomical formations, covering an area of about 10 square kilometres, and that there is a perpetual flow of natural earth electricity flowing throughout the alignment and circles making up the borders of the vast astronomical centre.

To what use was this electrical energy put by the builders? The large carved stone heads, up to 2m tall, have high foreheads, with eyes, nose and mouth toward the base and appear in both male and female forms. At the time of my first discoveries of these heads I reasoned, correctly as it turned out, that the female heads depicted the Earth-Mother and the male the Sun-god, principal deities of the old earth-worshipping megalithic cultures. During 1974, at the Bathurst district megalithic centre, and other sites on the Blue Mountains, I identified examples of ancient rock script. This script included symbols reminiscent of ancient Sumerian, yet also Celtic and Phoenician in appearance, intermixed with others of a unique character, often with images of humans and other characters.

My first attempts at translating this script were largely unsuccessful, although one word kept repeating itself at script sites hundreds of kilometres apart - 'Uru'. Gradually I would come to realise this word was the name of the people responsible for this culture. I would also uncover the names of the principal deities of this people; Aea, their supreme being; Nim the sun-God and Nif the Earth-Mother. The eagle depicted upon altars I eventually learnt was I-na, 'the Eagle of the Sun', who, as inscriptions have revealed, carried the Sun across the sky each day in his beak. There are many more deities in the Uruan pantheon, and much has been learnt of their religion from the rock inscriptions, including names of kings and queens who ruled widely-scattered kingdoms throughout this continent. This information is revealed in full in "Uru - The Lost Civilisation of Australia".

I maintain, on various grounds presented in my book, that the Uruan script was the earliest written language known to mankind, THE 'mother' script from which the later written languages developed, in the course of the spread of this civilisation out across the earth at the dawn of history. If indeed the Uruan script is the earliest written language, then it was developed in Australia before the earliest [officially] known script, developed in the Mediterranean around 3500 BC My book reveals fossil human evidence showing that the earliest modern humans evolved in Australia, from Homo erectus who had earlier entered this continent from south-east Asia. The Uru were descended from these first modern people.

Their language displays features of a 'proto-Aryan' character, as was the megalithic culture which they spread across the Old World, and which would in various ways, influence the later rise of Sumer, the civilisations of India, the Mediterranean, Middle-East and Western Europe. I have found the name 'Uru' synonymous with ancient megalithic sun-worship sites up through island south-east Asia and across mainland Asia to Europe, wherever the megaliths were erected. Examples of Uruan script have been found across the Old World, as well as across the Pacific as far as the Americas. Lately my wife Heather and I have uncovered megalithic structures in New Zealand, at which Uruan rock script has also been found. Just how old this script is remains unestablished for now, but it was certainly already long in use by 10,000 years ago.

**To purchase books by Rex Gilroy, visit:**  
<http://www.mysteriousaustralia.com/books-for-sale.html>

*In the next issue we plan to feature an interview with a popular psychic and author.*

## **Sights and Sites**

### **BLACK MOUNTAIN**

*Compiled by Australian Esoteric*

Fear of the unknown often causes us to attribute a sinister nature to structures, formations and occurrences that are beyond our present level of understanding. In the case of Black Mountain, just outside Cooktown, Queensland, its direful notoriety is magnified by its very appearance and configuration, not to mention its fearsome reputation for 'taking' many hapless individuals who have dared to venture onto it. Known to Australian Aboriginals (who generally keep a respectful distance from it) as 'Kalkajaka,' the mountain is actually a huge mass of black boulders, and underneath it is an extensive maze of caves with corridors and chambers. Sitting on the 15°S Parallel of Latitude, at 145°E Longitude, Black Mountain has a grim history of eerie encounters and unexplained disappearances.

Scattered around the globe are many locations, both man-made and natural, dubbed sacred sites or hallowed grounds. They are considered to be places where an invisible realm overlaps the physical 3-D world. Some of these exude an uplifting sense of spirituality and may be aptly described by the Celtic term, 'Thin Places.' Black Mountain, while not presenting such a peaceful atmosphere, does fit the pattern of being an energy vortex, portal or entrance to an underworld. Over the past century and a half, there have been numerous stories of those who have ventured into the area never to return, often with searchers going in to look for them, who have also vanished. Old local legends speak of demons, monsters and huge reptiles, while modern day alternative researchers claim it is artificially built and sits atop an underground empire populated by an extra- or ultra-terrestrial race, and an interdimensional gateway and time portal.

#### **What's beneath Black Mountain?**

The Black Trevethan Range is actually a stack of black granite rocks, over three hundred metres high and stretching more than three kilometres long. Some of the larger individual boulders are over six metres in length. Given their black colour by a coating of iron and manganese oxide, the rocks ring with an odd metallic sound when struck, while noises described variously as anything from wailing to music emanate from within the mountain. These could be caused by wind or the contraction of the boulders, but some claim that the mountain is hollow. The limited exploration through entrances into the formation itself, by the very few who have ventured in and returned, reveals a maze of caves, tunnels and chambers below Black Mountain, and those who have survived it found the experience so chilling that they never want to return. Indeed, some have been unable to speak of it at all.

The list of disappearances is legendary, but what is most astonishing is that many of them involve not one lone wanderer, but several people at a time, some on horseback. The first documented case after white settlement in the region was that of a farmer called Grayner in 1877 who, while rounding up stray bullocks, vanished into Black Mountain complete with his horse and a calf. During the ensuing two decades there were two instances of outlaws taking refuge in the mountain and never returning. The first was an escapee known as Sugarfoot Jack who fled there with two of his henchmen, never to be seen again. The second was when a Constable Ryan from Cooktown chased a wanted man to the foot of the mountain. Both disappeared and trackers then followed their trail to the mouth of a cave, finding no further trace of them inside. In yet another later multiple disappearance, a station owner called Harry Owens went missing while looking for stray cattle around Black

Mountain. His partner George Hawkins, after alerting police, went out searching for him and also vanished. Two native police trackers went looking for them both but, after following the trail into a cave entrance, only one came back out and he was too shaken to give a clear version of what had taken place. Other accounts of individuals who have gone missing there can be found in Brisbane's Public Library or on various websites<sup>1</sup>.

European bloggers Ivan and Danny Mackerle claim to have been part of an amateur group who did some tentative exploration inside the caves of Black Mountain in 2009, although their narrative blends myth and hearsay in with their own first-hand experience<sup>2</sup>. Danny neatly summarises the speculations of 'mystery buffs' on his website:

*"Kalkajaka is a mountain unlike any other. That's why mystery aficionados claim it was built by artificial means, and that it is a ruin of an ancient extinct civilization dating back to the dawn of the world. Its recesses are thought to harbour wondrous mysteries; chronicles of sublime priestly wisdom, remains of ancestral kings, and best of all, untold treasures. The way into the heart of the mountain has been guarded by the spirits of the dead, demons, and poisonous snakes by the hundreds. Modern legend has it that this is but one gate to an underground empire, populated by an extra-terrestrial race of 'reptilians' and a dero-like group of human slaves, kept under reptilian control with the help of implantation, technosis, and the like."*

In the end, however, they found the formidable aura of Black Mountain simply too daunting and wound up their investigations without any real resolution to the enigma:

*"We tried our luck in different spots and soon realized that an intricate underground web of passages and pathways was underpinning the entire surface of the mountain. Thus we were able to descend further down and explore many narrow stray paths, but in the end Black Mountain was able to preserve its mystery. We never did find a way into its legendary heart."*

What conclusions can be drawn by the reader, with so many question marks punctuating the myths and legends surrounding Black Mountain, and with past explorations having mostly ended in failure, injury, disappearance and even death. There are serious obstacles in accessing this and other areas around the globe that demand our investigation. However, mini-robots such as the *Pyramid Rover* used in Egyptian pyramids and *Tlaloc II-TC* utilised in those of South America, are available to parties with sufficient enthusiasm and funds to continue the quest. As for the reality and potential exploitation of dimensional portals, these have not gone unnoticed by the cutting-edge investigators at agencies such as NASA, the CIA et al, none of whom are in a hurry to reveal their findings to the public.

The role that concerned individuals can play is in deciphering the messages left for us by an intelligence that this writer is convinced exists on a higher dimensional frequency, but one that is not impossibly far removed from our own. It is within our reach to understand the *code* embedded in phenomena around the world from Nazca to Crop Circles; from megaliths to geometric rock drawings; from geographic formations to the very layout of mysterious sites around the globe. This intelligence speaks to us in symbols. We ignore them at our own peril.

***If you have a story about paranormal happenings or eerie places in Australia, we welcome contributions, emailed to: [AustralianEsoteric@gmail.com](mailto:AustralianEsoteric@gmail.com) .***

*Next month we will explore the Gosford Glyphs.*

# HEALING

The following article is a composite extract from the book *Here Comes the Sun*.

It first appeared as an article in *New Dawn* magazine Vol.10 No.5,  
And has also featured in Cosolargy's on-line publication, *Communique*.

## Heliotherapy

I will prefix this article with a paragraph quoted from Marcus Julian Felicetti<sup>3</sup>

“*Atapa Snana* is the yogic phrase for the healing science of Sun bathing. We live in a modern world that is bombarded with paranoid messages about how dangerous the Sun is. We should remember that the ancient yogis and many other cultures knew how to use the Sun to heal all kinds of illnesses, and bring about radiant health. In the West we also have a history of using Sunlight therapy that dates back to the ancient Greeks. It was called heliosis. Today, the name for Sunlight therapy is heliotherapy. We evolved as a human race ... under the warmth and love of the Sun.”

It is not just the frequencies and rhythms of the Sun that affect us biologically. The radiations that it emits include not only the solar winds, but the Sunlight we take for granted. Solar Ultra-Violet rays provide us with the best natural source of vitamin D, which is absorbed through our skin by a process called *dermal synthesis*, and then activated in a second step known as *hydroxylation* in the liver and kidneys. This enhances our absorption of calcium, iron, magnesium, phosphate, and zinc. It is essential for our bone health and it appears that calcium does not benefit us much without vitamin D. When I was recovering from multiple bone fractures in the Royal Brisbane Hospital in 1995, the nurses would often wheel us orthopaedic patients out onto what they called their ‘Sun verandah’ when conditions were bright, to increase our intake of Sunlight.

Even the simple act of sunbathing causes the secretion of the ‘feel good’ hormones serotonin, beta-endorphins, and dopamine although, as we have noted earlier, this should only be done for short periods and with due regard to the risks of skin damage.

UV rays are considered by many to be the bogeymen of the light spectrum, mainly due to their association with cancerous cell mutations, when over-exposure to the Sun occurs. People also screen them out by wearing UV-rated sunglasses. Personally, I never wear sunglasses. They block light from getting into the eyes, which affects the ability of the optical nerve that runs to the hypothalamus to adjust the skin's resistance to the Sun. That resistance is based on how much light is taken in by your eyes. It may sound anomalous, but UV radiation is used to treat some skin conditions, such as acne. It is also used to sterilise medical equipment because it can kill harmful bacteria.

Ultra-Violet is just one frequency of light. There is also infrared, which is actually heat, plus the spectrum visible to the human eye – red, orange, yellow, green, blue, indigo and violet. All these rays are just different wavelengths of the electromagnetic scale, which includes cosmic rays, gamma rays, x-rays and microwaves. Even radio waves are part of the EM range, just beyond the 900nm frequency, so sight and sound are connected. (Nm means nanometre, which is a billionth of a metre). A typical human eye will respond to wavelengths from about 390 to 700 nm. Birds and bees can see UV light, and it is thought that common goldfish can see infrared as well.

Each colour has its own unique properties connected with health and volumes have been published on colour therapies. I will briefly summarise them in these categories:

**Red** connects us to the earth and our physical body, bringing vitality.

**Orange** governs our outlook on life and is an emotional stimulant.

**Yellow** is related to our senses, our mental self and our understanding.

**Green** controls our nervous and muscular energies, especially those of the heart.

**Blue** is pacifying and relaxing, connected to our speech and communication.

**Indigo** strengthens intuition, understanding, aids visualisation, links to the subconscious.

**Violet** enhances inspiration and creativity, re-joining us to the spiritual self.

In general, Sunlight has a number of beneficial effects on the human body that are observable and it is known to kill bad bacteria. At the time of writing this, in early 2016, the threat of ‘superbugs’ in the USA that are resistant to antibiotics is a big news story, and this is a concern that is not about to go away. All forms of light can be harnessed and used therapeutically. As far back as 1903, Scandinavian Niels Finsen was awarded the Nobel Prize in ‘Physiology or Medicine’, according to the official wording, "in recognition of his contribution to the treatment of diseases, especially lupus vulgaris, with concentrated light radiation, whereby he has opened a new avenue for medical science"<sup>4</sup>. Since that time, the family of ionizing radiations has become increasingly important in oncology treatments.

Sunlight, combined with the intake of oxygen and plenty of clean fresh drinking water, helps build the immune system. Exposure to the Sun increases oxygen content in human blood and enhances the body’s capacity to deliver that oxygen to the tissues. A lot of people I meet seem to be dehydrated without realising it. Drinking a couple of litres of either fresh, filtered or spring water each day keeps you hydrated – and this can help protect you from the negative aspect of being in the Sun - your skin is more likely to burn if you are dehydrated.

The rays of the Sun are also claimed to lower blood pressure, regulate blood sugar and reduce cholesterol<sup>5</sup>. What it does is convert cholesterol into vitamin D, and in the process it produces steroids and the sex hormones we need for reproduction – so D is as much a hormone as a vitamin. It turns out that vitamin D-rich foods are also rich in cholesterol, so it is important to get some Sun to activate the conversion. In the absence of Sunlight, the opposite happens - substances can convert into cholesterol instead.

### **When The Sun’s Light Is Blue**

When the blue light of the Sun is captured and concentrated in particular ways, it stands apart from the rest of the spectrum. It is used medically as an antibacterial, therapeutically as a stress reliever and nutritionally to energise water drinks. Botanically, blue stimulates the greatest photosynthetic rate in plants, because it is a highly absorbent colour with a short wavelength. Additionally, it is said to be the colour that governs the 28-day rhythmic cycle.

The noted mystic and author, Manly P. Hall (1901-1990) wrote, “According to esoteric philosophy, blue is the true and sacred colour of the Sun. The apparent orange-yellow shade of this orb is the result of its rays being immersed in the substances of the illusionary world<sup>6</sup>.” He adds that this is why certain gods in India are depicted with blue skin. I would think that if the Sun was blue in a material sense, it would have been reported by astronauts by now. However I believe that Hall was referring to “The spiritual Sun in the solar system, which the mystic could see as well at midnight as at high noon, the material

Earth being powerless to obstruct the rays of this Divine orb<sup>7</sup>.” He certainly seems to have been aware of the exceptional energies of the Sun’s blue rays.

A ‘craze’ in recent years has been the filtering of the Sun’s rays in blue glass bottles. The following article appeared in the online publication of the Daily Mail on 31 December 2014, as an inset with the heading: What Is Blue Solar Water?<sup>8</sup>

*“Blue Solar Water is supposed to support the neck, vocal cords, teeth, gums and ears, among other areas. It is also thought that Blue Solar Water helps creative expression and will power.*

*It can be made at home using any blue colour glass bottle (do not use plastic).*

*Spring water is placed in the blue bottle and left in direct sunlight for one to 12 hours. 'The longer the bottle is exposed to sunlight, the more potent the elixir,' it was suggested on Mindfulenergywork.com. According to the site, the colour blue is important because it is the hue of the fifth Chakra, also known as the throat Chakra. It is believed that this area is vital because it is the route from the crown and brow Chakras to the heart Chakra.*

*Blue is soothing and calming, perfect for relaxation, sleep, and regeneration. Blue decreases blood pressure and heart rate, dissolves nervousness and stress. It is useful in the treatment of tension and anxiety especially in the form of headaches and sleep disorders. Blue is also a highly effective colour for meditation, communication, spiritual growth and high mental qualities.”* [Note: Other sources recommend one to one and a half hours in the Sunlight, so the twelve hours mentioned in this article could either be a typo, or an overestimate.]

Of course, other coloured bottles have been used to filter the Sun’s rays as well, with claims of the following various health benefits to be accrued: Red water has a lot of iron in it and helps in sluggish stomach conditions - Red also helps the skin, but should be alternated with blue or purple at least twice a week; Orange water is not recommended as it is a strong laxative - Blue and amber water will help in relieving constipation; Amber water helps to make hair lighter coloured, perks up sluggish skin, relieves dandruff and baldness, aids with colds and sinus troubles; Purple water eases irritations; Green water is helpful in nervous conditions, although blue water is equally beneficial for this.<sup>9</sup>

Blue rays themselves are used in light therapy to treat back pain, stomach ulcers, gum disease and acne. Researchers at Heidelberg University in Germany are using blue light therapy to treat back pain in a trial of a patch-like device containing LEDs. The theory is that the blue light stimulates the production of nitric oxide, a natural compound with pain killing and anti-inflammatory effects<sup>10</sup>.

Blue light is also being increasingly used as an antibacterial treatment. At Massachusetts General Hospital, doctors have found that shining blue light into the stomachs of patients with *Helicobacter pylori* (a bacterium linked to ulcers) reduces the bacterium by up to 99 per cent. It is thought blue light kills the bacterium cells without harming healthy tissue<sup>11</sup>.

Meanwhile, a Japanese study found blue light was significantly more effective than other colours at zapping bacteria involved in gum disease<sup>12</sup>. Blue light therapy is also effective for acne. Research at the University of Missouri suggests improvement can be seen within a week, and after two months, more than 90 per cent of patients had visible improvements. “It can be used to treat patients who are unable to tolerate conventional acne treatments,” says the faculty’s Dr Shergill<sup>13</sup>.

## Sunlight and Eyesight

In May 2016 Australian ABC television aired an episode of the science program *Catalyst*, which demonstrated through tests that getting bright Sunlight outdoors can prevent short sightedness or *myopia*, and may even slow the progression of existing cases<sup>14</sup>. There are a number of factors in being outside, as opposed to getting bright artificial indoor light, that could offer a protective effect. There's UV radiation, vitamin D from sunlight, and even just the simple opportunity to stare into the distance. With the Sun, it's the brightness of the light that makes all the difference. Any time spent outdoors is beneficial - whether you are being physically active or not active is irrelevant in terms of providing the protective effect, according to the tests.

The reason bright light helps is due to the way our eyes adjust to day and night. As mentioned earlier, our vision is received via receptors called cones and rods at the back of our retinas. When you go out at night, you go to what's referred to as your **rod** vision, your black and white, grainy scale vision. This allows the eye to take as much light as possible and generates an image out of it, but by doing so you lose that fine detail. During the day, **cone** cells in our eyes give us fine detail, colour and high definition images. To switch from our rod cells to our cone cells requires a neurotransmitter called *retinal dopamine*, the release of which is triggered by light. During the day when you go out into the Sunlight, what happens is that dopamine levels go up, turning off the rod pathway so that the dopamine system stops the signal being diffused anymore and allows very fine tuning of the system, and that's what allows us to see fine detail. It's this release of dopamine that appears to be one of the key signals to stop eyes from elongating.

What is this elongation all about? As you get older, your eyeball grows longer and your focus gets shorter. But these days it's a phenomenon happening to more and more children as well. Their eyeballs grow abnormally into an elongated shape causing light rays from the distance to focus in front of the retina rather than on it, resulting in a blurred image. When you look at faraway objects, the lenses of your eyes bend parallel rays of light at an angle so that a sharp image is created on the back of your eye. To look at near objects, the internal lens needs to get rounder to bend the rays at a more acute angle. As you get older, your lens loses flexibility and its ability to curve more. That's why reading gets harder and harder. But when you're myopic, it's the distance that becomes blurry.

Although a well-lit room might feel nice and bright, the reality is that it's very dim compared to daylight. A well-lit classroom is usually found to be between around 500 to 1,000 lux, nowhere near bright enough to trigger the amount of dopamine needed. What the eye needs is three hours a day at 40,000 lux. 40,000 lux in Australia would be the equivalent of either a winter's day or a cloudy day. In Europe, that can actually be the intensity you see even in a summer's day.

In China, a three-year trial was carried out, where forty minutes were added to the school day so the students could be out in bright Sunlight, resulting in a twenty five percent reduction in new cases of myopia. At another trial in Taiwan they had eighty minutes a day and they got fifty percent protection.

The *Catalyst* program concluded that being afraid of Sun damage is no reason not to give your children outdoor exposure. Even with the standard protection (hats, sunglasses etc.) they'll still be getting enough light into their eyes because of the huge difference between indoor and outdoor lighting. Just another way that the Sun meets our physical needs, when we let it in.

**For Footnotes, See the last page of this magazine.**

## **SUNGAZING**

The ritual of Sun-gazing has had a recent surge in popularity. It was practised by the Ancient Egyptians and Aztecs. Medical practitioners still warn of its potential dangers and it must be stressed here that untrained persons are discouraged from engaging in it. Those interested should first investigate it thoroughly and talk to existing practitioners, before embarking on any experiments of their own. Those who claim success with it started at a minute or so per day and built up their exposure over years. Sunrise and sunset are the preferred times to gaze at the Sun. An informative source is the movie, 'Eat the Sun', available on line<sup>15</sup>, or start with the trailer on You-Tube<sup>16</sup>.

### **The following is taken from the website of the Cosolargy organisation:**

“Sun Gazing, Sungazing or Sun-gazing has become increasingly popular in recent years. A quick search online will produce a myriad of Web sites advancing some form of solar gazing. We know that many ancient cultures and civilizations held the sun in high regard. But in many cases, this, too, went far beyond the commonly held concept of “sun worship.” The great spiritual Masters and Teachers knew that the physical sun was but a gateway to another world – a Sun behind the sun. They also knew that sunlight was the conveyer of Intelligence and Information. This was the teaching of the great Masters of the mystery schools on which the noble religions and philosophies of the world were originally founded. These figures include Moses, Aaron, Jesus, Zoroaster, Buddha, Krishna, Viracocha/Quetzalcoatl, as well as Socrates, Plato, Akhenaten, Confucius, Lao Tzu and many, many others.

“The transcendent System of Cosolargy, a modern word for an ancient spiritual discipline of becoming, has been practiced by solar mystics and spiritual seekers the world over for nearly 60 years. It teaches the individual how to use the light of the physical sun to enhance not only physical attributes but dormant psycho-spiritual faculties, as well. The Force Centres (chakras) are enlivened; they begin to spin and take on personality. Importantly, they are developed in harmony with each other. In time, the practicing solar adept penetrates beyond physical sunlight into Worlds of Light, or spiritual worlds, a place beyond the physical but from where it emerged. By the application of Cosolargy, an ultra-organism is developed – the spiritual Light Body of which so many speak, but of which so little is known. The process takes one on a personal journey where one can retrace their origin to the Godhead and escape the cycle of life and death. It is a magnificent experience, and one which goes far beyond ordinary sun gazing.”

Source: <http://cosolargy.org/sun-gazing-plus/>

*In the next edition we will follow the path of Sun-gazing as taught by practitioner  
Hira Ratan Manek (known more commonly just as HRM).*

## HISTORY

### THE ABBEY

#### Custodian of an Esoteric Legacy in Australia

By Paul V Young © 2016

*This article appeared, in a slightly edited version, in New Dawn magazine, Issue #157.*

Occupying a 135 hectare property on the northern outskirts of Brisbane, a religious community maintains a museum, church and college alongside an operational dairy farm, with plans underway to add an art gallery in future. Many Brisbane residents are familiar with the annual Medieval Tournament and Banquet held on its grounds every winter, and the Abbey Museum is well-known and loved by school students and local history buffs alike. While the small Abbey Church, boasting windows that contain imported historical stained glass panels (including fragments from Winchester Cathedral), is a popular choice for weddings, baptisms and funerals, not all of its admirers are aware of its fascinating heritage.

Known today as the Orthodox Catholic Church, the Confraternity owes its beginnings not just to the sixteenth century Protestant Reformation, but to the Great Schism of the Western and Eastern Orthodox Churches in the 11<sup>th</sup> century, thus featuring a blend of Eastern and Western Rites. However the Abbey represents something more than just an East/ West mix, having been established by the followers of J.S.M. Ward, an enigmatic Englishman who drew his inspiration from Christianity, Freemasonry, Spiritualism and a number of other esoteric traditions.

#### JSM Ward – a Complex Character

The Abbey owes its existence to the vision and dynamism of John Sebastian Marlow Ward. This snippet taken from his autobiographical recollections less than two years before his death, and quoted in the final pages of Geoffrey Ginn's insightful book on Ward's life, captures a glimpse into his background:

"I was born in Belize, British Honduras in Central America on Dec. 22<sup>nd</sup> 1885. What terrible changes have taken place, since I was born, in world affairs. My lifetime has seen the decline and fall of Europe and her leadership in the world, particularly is this true of her loss of control in Asia."<sup>17</sup>

He referred of course to the two World Wars and he especially lamented the apparent unravelling of the British Empire. He had enjoyed a stint as a headmaster in Burma just as WWI was breaking out, and was saddened at its independence from Britain in 1948, the year before he died.

John's father, an Anglican minister, had returned from Belize to England with his wife and young son in 1888, just prior to the birth of their second child, Rex. Growing up in the culturally stimulating atmosphere of Victorian times, John developed a love of history and heritage buildings, amassing a large collection of artifacts and natural curiosities during his boyhood. His dutiful Christian upbringing gave rise to a sense of enquiry, which would later broaden to encompass Mysticism, Spiritualism, Theosophy and Metaphysics. It was during his time at Cambridge University, at the age of 20, that he was initiated into Freemasonry, which was considered quite a respectable step to take for a modern middle class man, in what was by then the Edwardian Era. This would provide valuable

introductions into the social and professional arenas, while also satisfying Ward's attraction to the intrigue of the esoteric underground of the day. Soon after graduating in 1908, he took up teaching history and literature, and also married his cousin Carrie.

Psychic occurrences which were to guide John throughout his adult life first began five years later, with the regular visitation of his late uncle (also Carrie's father), Henry Lanchester (HJL) to him during lucid dreams. The visions would occur at regular times of night on set days of the week and provided personal messages as well as information about the afterlife. Contact with the astral plane expanded to include his brother Rex who died in 1916 (identified in John's writings as RLW); it later became a dominant feature of his life and work, with his introduction to the angelic 'Master of the Work'.

Carrie, although a believer in her husband's visions, did not share his preoccupation with spiritual matters and this led to their separation in 1923. John had already met the woman who would prove to be his soul-mate, the schoolmistress and Theosophist Jessie Page, with whom he had co-founded a publishing imprint to promote his own works a couple of years earlier. The couple married soon after Carrie's death in 1926, embarking on a lifelong partnership during which they shared their prophetic visions. They actually began to participate in one another's dreams when, it is claimed, "they both dreamt that they were summoned into the presence of a great Angel, told that Christ was about to begin His Descent through the Celestial Planes to the Earth and asked to help in the Preparation for His Coming. This great Angel, of the order of the Thrones, was to become their constant Guide and helper in the years ahead."<sup>18</sup>

John Ward's beliefs and practices comprised elements that many Christians today would feel uncomfortable with. We should keep in mind that Spiritualism was popular in England a century ago and it was also at that time, during the onset of WWI, that he spent time teaching in Burma, where he took a keen interest in Buddhism, Hinduism and Eastern traditions, strengthening his own convictions about reincarnation. It was these esoteric influences, combined with his sometimes turbulent association with Freemasonry, that paved the way for what he came to consider his life's mission.

### **Freemasonry Woven into the Rich Tapestry**

John Ward had been born into a world of blossoming spiritual exploration and experimentation. The esoteric landscape of late Victorian England was dotted with communities devoted to Eastern mysticism, the Jewish Kabbalah and Hermetic texts as well scores of Rosicrucian and Theosophist groups. Geoffrey Ginn points out: "Although Freemasonry was not generally seen as occult, initiates were able to use its lodge meetings and reading groups to pursue esoteric topics and interests. Consequently, active Freemasons were in the vanguard of the occult revival at the end of the nineteenth century."<sup>19</sup> A number of Masonic researchers argued that the symbols and rituals of the Craft derived their roots from ancient Egyptian mystery cults. With the objective of establishing this claim, John became the founding secretary of the Masonic Study Society (MSS) in 1921. It was a pursuit he relished, continuing to attend the MSS meetings even after he later severed other links to Freemasonry and delivering more than a dozen papers to them over the next fifteen years.<sup>20</sup>

Not only did Ward appear untrue to his Christian origins as he delved deeper into ancient mysticism, he also succeeded in alienating many of his fellow Masons. He saw in Freemasonry the characteristics of "The ancient Egyptian Mysteries, the Eleusinian Mysteries of Greece, the Mithraic Mysteries of Persia, the Adonaic Mysteries of Syria, the Cabiric Mysteries of the island of Samothrace, the Druidic Mysteries of primordial Britain, and the Gnostics of the early Christian era..."<sup>21</sup> For him, these mysteries concurred with the knowledge of the afterlife imparted to him by his beloved departed relatives, HJL and RLW.

It was in 1929 that John and Jessie Ward began their ‘public work’ as religious leaders, establishing the original ‘Confraternity of the Kingdom of Christ’ and setting up an altar in a spare room in their house. John adopted the title ‘Reverend Father’ and celebrated communion there in the traditional Christian manner, at the same time conducting a group of devotees in prayers and hymns that he had written himself. Jessie would come to be known by their followers as ‘Reverend Mother.’ Notwithstanding the use of Christian titles, their practices continued to embrace the essence of Hinduism and Buddhism, mingled together with the doctrines of Spiritualism and reincarnation. The small band of founding members – some of whom stayed in the Confraternity for the rest of their lives – pooled their assets and, when John resigned his job of twelve years and could add his generous separation bonus of seven hundred and fifty pounds, they purchased Hadley Hall on London’s northern outskirts. This mansion had been designed as two houses under one roof and sat on three acres of gardens. One of these dwellings now became The Abbey of Christ the King.

### **The Original Abbey in England**

Life at London’s Abbey in the 1930s could best be described as monastic, with a strict daily routine of work and prayer. In addition to Father Ward’s study and library, the basement became a gallery for his treasured collectibles: antiquities, rare books and artefacts, tapestries and paintings. A small private school was set up on the estate and named St Michaels’s College – a forerunner of today’s school bearing the same name alongside the Abbey in Queensland, Australia. And, like the modern-day Abbey complex, the founding members put their greatest effort into establishing a substantial and well-respected museum. As the Wards continued to add thousands of items to their collection, the exhibition extended out into the gardens in the form of replica historic and prehistoric buildings, eventually christened as The Abbey Folk Park. It proved extremely popular with the public, providing much-needed income for the community.

Surviving site plans of the Folk Park reveal how far the Confraternity went in not only entertaining, but educating students and adults alike. It included a Roman Villa, African Bazaar, Chinese Temple of Initiation, Japanese garden, a conservatory, greenhouse, a forge and smithy shop and even a witch’s cottage. John Ward had another motivation for developing the site which was not well known to the general public: he believed the world was in the ‘End Times’ and expected the imminent return of Christ, making The Abbey Folk park an ‘ark for the ages,’ a kind of time-capsule that would preserve part of the old civilization for the coming New Age. He envisaged it as the ‘Kingdom of the Wise.’

### **The Threads of Christian Traditions & Western Orthodoxy**

One challenge to be met was the fact that neither John Ward nor any of his followers were ordained clergy, making their celebration of communion and other sacraments technically invalid. Soon after moving into The Abbey, ‘Father Ward’ managed to secure an endorsement as an affiliate of the Church of England from the Bishop of St Albans, on the recommendation of a mutual friend who was an Anglican Canon and fellow Freemason. However this was meant only to authorize him as a lay preacher to his own community and the Anglicans made it clear it did not allow him to ‘minister the word of God.’ A rift between them was inevitable and, after it occurred at the start of 1935, Ward would go on to have himself ordained in no less than three different religious organizations.

John Ward was what church officials called an *episcopi vagantes*, meaning ‘wandering bishop’ or ‘bishop at large.’ His first affiliation outside the Anglicans was with the Autonomous African Universal Church when he was consecrated as a bishop by its London-based Primate, Mar Kwamin. Soon after that, when doubt was cast over Mar Kwamin’s authority to hold office in England, Father Ward went to seek advice from the

elderly Archbishop John Sibley of the Orthodox Catholic Church. The two men clicked and agreed that the Abbey of Christ the King should be incorporated into the Orthodox Catholic Church, contributing much needed numbers to Sibley's congregation, while at the same time granting Ward's Abbey Church the institutional affiliation it craved. His second ordination is recorded by Geoffrey Ginn thus: "Ward was baptized and re-confirmed, ordained deacon and, finally, solemnly admitted to the Sacred Office of the Priesthood by the authority of Archbishop Sibley's hand and seal. In further ceremonies the following day, Ward was solemnly consecrated as a Bishop in the Church of God and commissioned as its Chancellor of the Province (England)."<sup>22</sup>

During World War II John and Jessie Ward struggled financially and were dragged through a court case brought by the parents of a teenage girl in their community, the charge being the enticement of a minor. This resulted in damages of five hundred pounds being awarded against them, taking a toll on their funds as well as their health, reputation and confidence. Wartime saw the membership numbers and income of many other itinerant English bishops flounder too, leading to an initiative to unify the various strands of the *episcopi vagantes* - and to the third ordination of Father Ward.

A group of six autonomous Christian churches merged under the leadership of Hugh George de Willmot Newman, who had recently been disavowed by the Syrian Orthodox (Jacobite) Patriarch on whose authority he depended. Forming a council, they declared the Syrian Church to be in schism and re-constituted themselves as a Western Orthodox Church. This was in contrast to Eastern Orthodoxy, which sprang from the first century Christian missionaries in the Eastern, Greek-speaking part of the Roman Empire. Newman took for himself the title Mar Georgius, Archbishop of Glastonbury, which he called *the Occidental Jerusalem*. Thus Father Ward received from this new church his third consecration as its 'Archbishop of Olivet,' thereby bringing his Orthodox Catholic Church into its fold.

"Orthodox Catholicism offered itself to Ward as a religious vehicle that was necessarily flexible in matters of formal doctrine, but charged with a sense of history and a living heritage of faith," writes Geoffrey Ginn in his departmental journal, *Crossroads*, adding, "In the first instance, then, Orthodox Catholicism appealed to his sense of historical drama. Ward took seriously the claims of Orthodox Catholicism to be an historic rapprochement between Christianity's two great warring factions: 'the Orthodox Catholic Church in itself,' he wrote, 'marks the reunion of the Eastern and Western Churches, which mutually excommunicated each other in the 11th century, since when Christendom has been divided into camps.'"<sup>23</sup>

This refers to the mutual excommunication of the Eastern and Western Orthodox Churches in 1054. The identity of today's Orthodox Catholic Church at the Abbey in Brisbane can be further linked to a later separation in 1870, when a number of Roman Catholics renounced their allegiance to Pope Pius IX following his declaration of infallibility. Having no bishops of their own, the breakaways could not be confirmed or ordained, so they contacted the Old Catholic Church of Holland, which had already become disassociated from the Vatican but retained valid Orders. Another historical figure, the priest Francis Xavier Alvarez and his followers in India, severed ties with the Papacy and obtained consecration by turning to the Syrian Christians, whose bishops on the Malabar Coast were under the jurisdiction of the Patriarch of Antioch, thereby adding to the bewildering melting pot of 'bishops at large.'

Thus these 'Old Catholics' (the breakaways) could claim two possible lines of ordination: the first from St Peter and the Western Church in Rome via St Augustine, the fourth century Bishop of Hippo; the other from the Eastern Church, this lineage tracing itself back directly to the church founded in Antioch in 34 AD by St Peter himself. A leaflet issued

in 2015 by the present-day Orthodox Church of Christ the King in Brisbane asserts that its services reunite both these lines, featuring a blend of East and Western Rites.

### **Stations on the Journey**

By 1945 the effects of the war and the legal proceedings against them left the Wards disillusioned with Britain, and it occurred to them that their Kingdom of the Wise might be destined to emerge in a foreign land. Fortuitously, John Ward's old friend Gerald Gardner, who had designed the witch's cottage for him, expressed an interest in taking over the cottage and its artefacts in exchange for a piece of land with a farmhouse he owned in Cyprus and wanted to offload. Cyprus held great appeal for the Confraternity – it was an English territory in the Eastern Mediterranean with a pleasant climate and, most importantly, it already embraced the tradition of Orthodox Christianity. The following year, after selling off the more valuable of their antiquities and library books, the small community packed up whatever they had left and made the two-week voyage from Southampton to Cyprus.

Disappointingly, Gardner's farmhouse turned out to be derelict and sat on barren land but, undeterred, they simply walked away from it and immediately purchased a more suitable property on the coast close to Limassol. This land was more than a hectare and boasted an orange orchard with a furnished two-storey house plus gardener's cottage, outdoor brick oven and a chicken house with poultry. At a cost of two and a half thousand pounds, it was a drain on their funds, so they were relieved a few months later when they received over four thousand pounds from the sale of Hadley Hall back in London. Here they would stay for more than eight years, earning their living from farming and handicrafts they produced.

For the Reverend Father John Ward, Cyprus was to be the last station on his life journey. Before his passing due to a stroke in mid-1949 however, he fathered a child with one of the married ladies among his flock, Ursula Cuffe, and their son John was raised by Jessie Ward as her own. Growing up with Father Ward's tradition and principles, the mature son would go on to be known Bishop John Cuffe, presiding over an off-shoot of the present-day Orthodox Catholic Church in Queensland. A number of the older members of the original Confraternity were to pass away soon after Ward and the remaining followers had become restless by the mid fifties, scouting around for a new home base. After looking first at Ceylon and India, they decided to head for Australia, where they settled briefly in Sydney and then in the Blue Mountains. When Jessie suffered a bout of pneumonia, she decided to head to the warmer climate of Queensland to recover, accompanied by a few others, including the nine year old John Cuffe.

The influence of John Sebastian Marlow Ward lives on and the depth and diversity of his legacy can be gleaned from the titles of some of his books: *Gone West: Three Narratives of After-Death Experience, Freemasonry and the Ancient Gods, The Hung Society, The Kingdom of the Wise: Life's Problems, The Psychic Powers of Christ*; and articles: *The Hindoo Symbol of the Point Within the Circle, The Knights Templar, The Aims and Ideals of Freemasonry, Chinese Secret Societies*.<sup>24</sup> Author Geoffrey Ginn neatly sums up his character in the final paragraph of his book: "In J.S.M. Ward we find, indisputably, a man of many parts. A historian with a strong sense of the romantic, a visionary with heightened spiritual sensibilities, he was a questing soul, curious until his last days about the human past, how we might comprehend its mysteries, and the life beckoning beyond that of everyday sense experience."<sup>25</sup>

### **The Ongoing Legacy in Brisbane**

The community began settling at its present site of the Abbey in Caboolture, Queensland, half a century ago, and Jessie Ward survived until three years later, providing a clear link back to the organization she co-founded with her husband in the late 1920s. What

makes today's Orthodox Catholic Church stand out from other Christian sects are their teachings on the afterlife, their representation of the Holy Spirit as the feminine aspect of the Godhead, and how at the very core is their belief in the immanent return of Christ. Concerning reincarnation they say, "that the journey of each Soul encompasses many lives to complete its journey back to God;" and concerning Catholic traditions, they affirm their church "holds to the tenets of the Christian Faith as enunciated in the Nicene Creed."<sup>26</sup>

Its followers seek spiritual development, both on a personal level and also collectively as a Confraternity. According to their publicity material, "Community members strive to live a balanced life that revolves around attending Church Services, devotion and personal prayer and the practicalities of everyday life. The four main areas of the work of the Confraternity include the Church, the Farm, the College and the Museum. Holding public services, visiting the sick, undertaking works of charity and giving public lectures form part of the ongoing work of the Confraternity members."<sup>27</sup>

While the Church claims success in uniting East/West Orthodoxy, it suffered its own internal split when John Cuffe and his wife Jill seceded in 1986, establishing their own 'Orthodox Church of the New Age' with its accompanying St Cecelia's Church and St Basil's College. However, John Cuffe was to declare bankruptcy in the nineties and was more recently convicted of tax fraud.<sup>28</sup> His website says he is continuing to write a theology course based on the teachings of the Wards, as well attempting to complete his father's unfinished book, "The Lost Wisdom of Melchizedek," an analysis of the book of Genesis.<sup>29</sup>

Meanwhile, the Orthodox Catholic Church of Christ the King at the Abbey continues to flourish under the direction of Archbishop George Cuffe. In keeping with the values established at the original Abbey Folk Park in England over eighty five years ago, the tranquil setting is also home to the Abbey Museum, as well as the independent co-ed school, St Michael's College. Describing itself as a welcoming community, their church and museum at The Abbey Place in Caboolture are open to the public.

**For Footnotes, See the last page of this magazine.**

*In Issue #2 the History feature will reveal the mysteries of the Australian Occult Centre in Sydney known as The Manor.*

# ANTARCTIC

## Satellites Detect Secret Bases in Antarctic

Recently I posted an article on my Blog Site about the “No-Go” regions around Earth<sup>30</sup> and I have written more elsewhere about the Star-gate portals in remote locations, including the Antarctic, in my article ‘Locating the Sun Gates Part II’<sup>31</sup> It is said that the Nazis set up a base at Lake Vostok during WWII. These days, China is pursuing a lot of activity down in the Antarctic too.

Now a massive ‘anomaly’ has been found in the area known as Wilkes Land in Antarctica, from satellite images provided by NASA. This anomaly encompasses a distance of nearly 250 kilometres across and reaches a maximum depth of 1600 meters below the surface. It was first noticed by the Grace Twin Satellites, when they detected a ‘gravitational spike’ reaching 300km into the sky, coming from below the surface of this area.

Google Earth has revealed two ‘secret’ underground facilities in Antarctica. Many ufologists and researchers think that these mysterious entrances are secret military underground facilities – including the bases built by the Nazis during and after WWII - or extra-terrestrial bases / ‘star-gates.’

For more insight, watch this video posted by Secureteam10 at:

<https://www.youtube.com/watch?v=5LxdVW6AuPg>

Speaking about the discovery, Secureteam10 says: “To this day, scientists have no idea or way to discover exactly what is buried deep under this thick ice shelf. This continent has been shrouded in a mystery of its own for years now.’ ‘There is some evidence of this coming to light in recent years, with images purporting to show various entrances built into the side of mountains, with a saucer shape and at a very high altitude. This begs the question: how would you enter these entrances without something that could fly and was the same shape as the hole itself?”

Well-known online ufologist Scott Waring believes that these entrances lead towards a secret military base, or a base that otherworldly beings created. In the video footage that was released by the *anomaly hunter*, Waring shows the image of a mysterious object that bizarrely resembles a flying saucer buried under the ice of Antarctica.

Scott Waring writes in his website Ufosightingsdaily.com “Very interesting and intriguing images from Google Earth, which seem to show two possible entrances to an alien base or at least an entrance to something, and a huge saucer-shaped object buried in the ice. If there are Alien bases in the Antarctic it would follow that there are ET craft their (sic) also. Could the crashed saucer have come from one of these bases? And why have Google Earth censored the location? Interesting and worth a post. Images submitted via my website by Ryan Bolton.”

Waring’s comments point towards a connection between the two entrances and the alleged crashed UFO found in the melting ice on Antarctica. Unfortunately, the images displayed on the video showing the dish are no longer available on Google Earth, making it impossible to confirm. Interestingly, the two entrances are clearly visible. In the images, it seems that one of the entrances to the underground base has some sort of metallic support at

the entrance, indicating its artificial origin. The entrances are quite large, with a diameter of around 100 metres and a height of about 30 metres.

**Both of the entrances are visible using Google Earth or Google Maps by accessing the following coordinates:**

**-66° 36' 12.58", +99° 43' 12.72" | -66° 33' 11.56", +99° 50' 17.46"**

### **Nazis, Soviets and the USA in the Antarctic**

A very interesting documentary called *Third Reich – Operation UFO* questions a lot of things regarding Antarctica, including the possibility that Antarctica might be home to numerous secret underground bases. After the Soviet collapse in 1991, the KGB released previously classified documents that shed light on the infamous ‘Operation Highjump.’ Intelligence reports obtained by Soviet spies working in the United States revealed that the United States NAVY sent numerous expeditions to Antarctica for mysterious purposes.

Operation Highjump, officially titled *The United States Navy Antarctic Developments Program*, 1946–1947, was a United States Navy operation organized by Rear Admiral Richard E. Byrd Jr., USN (Ret), Officer in Charge, Task Force 68, and led by Rear Admiral Richard H. Cruzen, USN, Commanding Officer, Task Force 68. The Operation commenced 26 August 1946 and ended in late February 1947. Task Force 68 included a staggering 13 ships, aircraft escort, aircraft carrier, a submarine, two destroyers and a total of 4,700 men with full battle gear in what was officially called an ordinary ‘training exercise.’ With its publicly stated mission being to ‘establish the Antarctic research base Little America IV,’

The recon mission was curiously terminated six months earlier than expected. An excerpt from February 19, 1947 describes Admiral Byrd’s arrival over the pole at 1000 hours:

*We are crossing over the small mountain range and still proceeding northward as best as can be ascertained. Beyond the mountain range is what appears to be a valley with a small river or stream running through the center portion. There should be no green valley below! Something is definitely wrong and abnormal here! We should be over Ice and Snow! To the portside are great forests growing on the mountain slopes. Our navigation Instruments are still spinning, the gyroscope is oscillating back and forth!*

Admiral Byrd concluded that rather than concentrate on the Russians, the USA should be engaging with the forces based under the surface of the Antarctic. It is unclear whether he became aware that these were ‘portals’ or Star-gates. Their purpose will be revealed to us when the visitors are ready, which might not be too far into the future.

**Source references for this article: [www.ancient-code.com](http://www.ancient-code.com) and [www.ufosightingsdaily.com](http://www.ufosightingsdaily.com)**

*Next month we will examine reports of pyramids in the Antarctic.*

## VISION

The Georgia Guide Stones, erected in the USA in 1979 by a mystic using the pseudonym of R.C. Christian, urges us to "Maintain humanity under 500,000,000 in perpetual balance with nature."<sup>32</sup> Many fear this is an incitement to cull the human population down to the specified number. Others predict the advent of a race of neo-humans, with a corresponding mass extermination of 'old humans' via natural causes, such as disease or geological disasters, including super storms.

There is growing evidence that a new class of human has already appeared among us. For the past thirty years we have witnessed the growing number of so-called Indigo children, whose advent has coincided with the age of computers and other advanced technologies. Some observers have called the phenomenon a 'spontaneous' genetic mutation, however a better term might be 'instantaneous,' because it is not evolutionary which, by definition, is a 'gradual' process. Spontaneous implies that it is occurring without external cause, whereas some believe that a genetically programmed switch has just been flicked. A new biology and psychology may have been introduced, producing a breed that seems to be connected to computers from birth.

A combination of the internet, smart phones, GPS and satellite broadcasts may be just reminding us of what we once were and are programmed to become again. Many children being born around the world today are known as Star, Indigo, Rainbow or Crystal kids, as first documented by authors Lee Carroll and Jan Tober. But it is the emergence of the 'super psychic' kids<sup>33</sup> that really shows the direction they might be headed. This new humanity is returning to the state of connectedness and if the art of telepathy is perfected, either by transmutation or by way of technology, it will put an end to manipulative control by the world's elite bankers, industrial/military complexes and secret government agencies. Telepathy confers the ability to recognize deception, turning those who possess the gift into virtual human lie detectors - the spell will be broken.

One outstanding demonstration of the changes occurring is the case of a young boy called Nong You-sui who lives in Dahua, China. Nong has bright blue eyes, which in itself is unusual for a Chinese person, but even more astounding is the fact that he can see, read and write in total darkness and, if a flashlight is shone in his eyes, they emit a blue-green light. Much has been written about him in newspaper and magazine articles, while an interesting You Tube video about him shows he squints when out in the Sunlight<sup>34</sup>. Nong personifies features that may be characteristic of the new race, including the real potential of the human eye and the art of ocular transmission – more about that in a future edition.

There is a conviction held by organisations and individuals concerned with esotericism that Australia has a special role to play in the dawn of a New Golden Age. In a series of lectures delivered in Sydney in August 1915, Charles W Leadbeater proclaimed Australia and New Zealand to be the "home of a new sub-race." He had detected in Australia "children and young people of a distinctly new type" - a new antipodean human type, characterised by intuition and the powers of synthesis.

In coming issues we will look at the many and varied visions of the world's future held by futurists and psychics – and welcome contributions from our readers, *especially those with an emphasis on Australia*. Email: [AustralianEsoteric@gmail.com](mailto:AustralianEsoteric@gmail.com) .

## FOOTNOTES TO ALL ARTICLES:

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### SIGHTS & SITES

<sup>1</sup> For further accounts see websites such as <http://www.angelfire.com/ut/branton/blackmt.html> and <http://www.castleofspirits.com/blackmount.html>

<sup>2</sup> See Mackerle's account on websites <http://en.mackerle.cz/news/about-expedition1> & <http://cassiopaea.org/forum/index.php?topic=16099.0>

### HEALING

<sup>3</sup> His article can be read in full at <http://www.mindbodygreen.com/0-5999/10-Healing-Benefits-of-the-Sun.html>

<sup>4</sup> [http://www.nobelprize.org/nobel\\_prizes/medicine/laureates/1903/](http://www.nobelprize.org/nobel_prizes/medicine/laureates/1903/)

<sup>5</sup> <http://www.cholesterol-and-health.com/Vitamin-D.html>

<sup>6</sup> *The Secret Teachings of All Ages*, by Manly P. Hall, 1928 Dover Publications NY

<sup>7</sup> *Ibid.*

<sup>8</sup> <http://www.dailymail.co.uk/tvshowbiz/article-2891782/Gisele-Bundchen-reveals-s-jumped-Blue-Solar-Water-craze-exits-spinning-class-Boston.html#ixzz45rBUCAqP>

<sup>9</sup> Source: From Rajan Jolly - <http://hubpages.com/health/Health-Benefits-Of-Water-Blue-Water>

<sup>10</sup> Source: <http://www.dailymail.co.uk/health/article-2258691/Insomnia-Back-pain-Try-blast-coloured-light.html>

<sup>11</sup> *Ibid.*

<sup>12</sup> *Ibid.*

<sup>13</sup> *Ibid.*

<sup>14</sup> Reference: <http://www.abc.net.au/catalyst/stories/4450296.htm>

<sup>15</sup> <http://www.eatthesunmovie.com/screenings.html>

<sup>16</sup> <https://www.youtube.com/watch?v=ZM9iDdkKZ7M> *Plus other You Tube videos will appear beside it.*

### HISTORY

<sup>17</sup> *Archangels & Archaeology: J.S.M. Ward's Kingdom of the Wise*, p261 Geoffrey Ginn, Sussex Acad. Press 2012

<sup>18</sup> <http://orthodoxcatholicnew.tripod.com/id7.html>

<sup>19</sup> Geoffrey Ginn, *Op. cit.* p.29

<sup>20</sup> *Ibid* p.106

<sup>21</sup> *Ibid* p.109, quoting from "Secret Societies" by Noel Gist, 1940

<sup>22</sup> *Ibid* p.197

<sup>23</sup> Crossroads Special Issue 2006 AEN Conference (Page 11)

<http://www.uq.edu.au/crossroads/Archives/Vol%205/Issue%201%202010/Vol5Iss110%20-%207.Ginn%20%28p.45-57%29.pdf>

<sup>24</sup> For full catalogue of publications, see *Archangels & Archaeology, Op. Cit.* pages 297 - 310

<sup>25</sup> Geoffrey Ginn, *Op. Cit.* p.265

<sup>26</sup> <http://abbeychurch.com.au/history-of-the-church/>

<sup>27</sup> <http://abbeychurch.com.au/history-of-the-confraternity/>

<sup>28</sup> <https://www.cdpp.gov.au/case-reports/stephen-brian-cox-john-reginald-cuffe-and-peter-james-morrison>

<sup>29</sup> <http://jsmward.tripod.com/id10.html>

### ANTARCTIC

<sup>30</sup> See: <http://www.solarancestors.com/blog/-sun-gates-and-the-no-go-regions-of-our-planet>

<sup>31</sup> <http://www.solarancestor.com/locating-the-sun-gates-part-ii.html>

### VISION

<sup>32</sup> See: <http://www.thegeorgiaguidestones.com/>

<sup>33</sup> See <http://www.psychicchildren.co.uk/1-3-ChinasSuperPsychics.html>

<sup>34</sup> You Tube: <https://www.youtube.com/watch?v=2nEtZ9uFdaE>